



The formal definition of an ally is a person, group, or nation that is associated with another or others for some common cause or purpose. So how can a white person be an Ally to the black movement?

KNOW YOUR PRIVILEGE: white people need to understand their privilege before engaging in dialogue. White privilege does not assume that white people have not worked hard to achieve their goals. White privilege acknowledges the ways in which white people do not have to consider their race in daily interactions. If you want to be a better ally, confronting your privilege is absolutely necessary before getting involved in the fight to make Black people feel seen and heard. Investigate your privilege and find that you may have connections who could make a direct impact for Black lives.

GET INVOLVED: It is the responsibility of white allies to stay informed and educated. It's not enough for white allies to post to Instagram and Facebook showing their support.

LISTEN: Listening is the best way to show your support. For Black people, George Floyd's death was yet another reminder of systemic racism in America. Support your Black friends by asking them how they are doing. Let them talk about their own experiences. Listen when they talk. There are so many ways to show support for Black people at this time. Continue to listen and learn from your Black peers.

Let's Eradicate Racism [#Unifor1285SupportsEradicationofRacism](#)